\*\*\*For Release\*\*\*

Beth's Tuesdays Returns

**Tuesday October 11 | 7 pm**

**Laguna Beach Cultural Arts Center**

**235 Forest Avenue, Laguna Beach**

**Same Beth, different Tuesday.**

Historically, Laguna Live!’s singer songwriter showcase, Beth’s Tuesdays, hosted by Beth Fitchet Wood, would take place on the first Tuesday of every month. After a two-month sabbatical Beth will be back in the saddle on October 11, the second Tuesday of the month. Going forward, the second Tuesday will be the usual date for Beth and her guests. Guests for October are Tracy Ann Newman and CEJ. Tickets are $15 in advance, $20 at the door and available at [www.lagunalive.org](http://www.lagunalive.org) or by calling 949 715 9713

**Tracy Ann Newman**is an American [television producer](https://www.lagunabeachlive.org/so/eeODNyjKS/c?w=wyPaAMDDz-l9aMwKmFmasiTOjN9QtgW_69MQoik6G8I.eyJ1IjoiaHR0cHM6Ly9lbi53aWtpcGVkaWEub3JnL3dpa2kvVGVsZXZpc2lvbl9wcm9kdWNlciIsInIiOiJlNmVlZjE5YS0wNTdlLTRiZDgtOGZjOS0zOTQ0ODZkY2FkMWQiLCJtIjoibHAifQ), [writer](https://www.lagunabeachlive.org/so/eeODNyjKS/c?w=C8Uoas9BFDweedpu8hul7fYzzBpwTT9Id0J8-aXi-_M.eyJ1IjoiaHR0cHM6Ly9lbi53aWtpcGVkaWEub3JnL3dpa2kvVGVsZXZpc2lvbl93cml0ZXIiLCJyIjoiZTZlZWYxOWEtMDU3ZS00YmQ4LThmYzktMzk0NDg2ZGNhZDFkIiwibSI6ImxwIn0), comedian and [musician](https://www.lagunabeachlive.org/so/eeODNyjKS/c?w=mcce-r9bNml3YrWUAJWzPM6VSeTDA3P0A2ojGThDCUE.eyJ1IjoiaHR0cHM6Ly9lbi53aWtpcGVkaWEub3JnL3dpa2kvTXVzaWNpYW4iLCJyIjoiZTZlZWYxOWEtMDU3ZS00YmQ4LThmYzktMzk0NDg2ZGNhZDFkIiwibSI6ImxwIn0). Newman is a founding member of the improvisational theater troupe [The Groundlings](https://www.lagunabeachlive.org/so/eeODNyjKS/c?w=pCcEqOTieVkp2gVvkhSjm7oSdxQ17Kw7oI57246gmEc.eyJ1IjoiaHR0cHM6Ly9lbi53aWtpcGVkaWEub3JnL3dpa2kvVGhlX0dyb3VuZGxpbmdzIiwiciI6ImU2ZWVmMTlhLTA1N2UtNGJkOC04ZmM5LTM5NDQ4NmRjYWQxZCIsIm0iOiJscCJ9) (as is her sister, [Laraine Newman](https://www.lagunabeachlive.org/so/eeODNyjKS/c?w=3H_TV0guT8VcCXjnFBd_B3LtpAN-tRx1IgI-T9Jj7sg.eyJ1IjoiaHR0cHM6Ly9lbi53aWtpcGVkaWEub3JnL3dpa2kvTGFyYWluZV9OZXdtYW4iLCJyIjoiZTZlZWYxOWEtMDU3ZS00YmQ4LThmYzktMzk0NDg2ZGNhZDFkIiwibSI6ImxwIn0)). She was co-creator and executive producer of the sitcom [According to Jim](https://www.lagunabeachlive.org/so/eeODNyjKS/c?w=iAEe3n7ntiKFSdxXONfw_rWBmSwfdxHJnIXPRObewpE.eyJ1IjoiaHR0cHM6Ly9lbi53aWtpcGVkaWEub3JnL3dpa2kvQWNjb3JkaW5nX3RvX0ppbSIsInIiOiJlNmVlZjE5YS0wNTdlLTRiZDgtOGZjOS0zOTQ0ODZkY2FkMWQiLCJtIjoibHAifQ) (2001–2009). She is also a singer - songwriter, as well as an early member of [The New Christy Minstrels](https://www.lagunabeachlive.org/so/eeODNyjKS/c?w=Wonry8RrurcRF6TOppjIyNeko5PG6HAxtPj2gJ_02Uc.eyJ1IjoiaHR0cHM6Ly9lbi53aWtpcGVkaWEub3JnL3dpa2kvVGhlX05ld19DaHJpc3R5X01pbnN0cmVscyIsInIiOiJlNmVlZjE5YS0wNTdlLTRiZDgtOGZjOS0zOTQ0ODZkY2FkMWQiLCJtIjoibHAifQ) and lead singer of Tracy Newman and The Reinforcements. She is the mother of artist/writer [Charlotte Dean](https://www.lagunabeachlive.org/so/eeODNyjKS/c?w=f--GGtKXGoT_BP4q65vw8LuFwk82UEkYjqCPARYaqAU.eyJ1IjoiaHR0cHM6Ly9lbi53aWtpcGVkaWEub3JnL3dpa2kvQ2hhcmxvdHRlX0RlYW4iLCJyIjoiZTZlZWYxOWEtMDU3ZS00YmQ4LThmYzktMzk0NDg2ZGNhZDFkIiwibSI6ImxwIn0), with whom she co-directs the live comedy show [Charlotte's Shorts](https://www.lagunabeachlive.org/so/eeODNyjKS/c?w=XvFske8a-1WwXZc8A0s3D9S-eqKXlyu8ffwPqFj_r70.eyJ1IjoiaHR0cHM6Ly9lbi53aWtpcGVkaWEub3JnL3dpa2kvQ2hhcmxvdHRlJTI3c19TaG9ydHMiLCJyIjoiZTZlZWYxOWEtMDU3ZS00YmQ4LThmYzktMzk0NDg2ZGNhZDFkIiwibSI6ImxwIn0).

**CEJ'**s first CD, Sleepwalker In Paradise landed on the Folk-DJ Top Albums list 2014. His next two CDs, Clovis Man (2017) and Adobe Road (2019) have expanded his radio presence. Friend Of The Sky, was released in the Fall of 2020 and shows promise of out running the previous releases. “Cej is one of our favorite soulful, story-teller song writers.  He travels the world as a therapist working with military veterans suffering from PTSD.  If that isn’t grist for the songwriting mill I don’t know what is.  But his sensitive and insightful take on the world makes for wonderful music” *Beth Fitchet Wood*